The Coaching Supervision Academy



The response to our programme of **Coach Education** events and webinars has been excellent. As friends and colleagues take the opportunity to learn together from specialists and each other in a safe space, exploring current topics relevant to the Coaching Supervision community, feedback has been universally positive Comments from recent events include:

- Thanks for offering this topic, it was excellent.
- Well organised...questions were responded to thoughtfully and thoroughly.
- A lot of exploration in a safe space
- Lots of practical information and examples

We continue to offer many of these at no cost to CSA Accredited Supervisors and make them accessible to other professionals in the sector with great value registration costs. Some are hosted by CSA with our members facilitating, others are independent events that we think you might find interesting.

In this message, we'd also like to highlight some of the up-coming Supervision opportunities available from our CSA Accredited Supervisor community



Introducing Creativity's Compass Rose: 8 Ways for You to Own your Creativity and to re-Source Your Practice

with Elaine Patterson & Karyn Prentice

Creativity is our birth right – but this often gets forgotten or overlooked in the life's busyness and rush. Yet finding our bearings and balance points – as well as our sources of nourishment - is crucial. We are all creative in our own ways – and whether consciously or not we are creating in every moment in every day.

We will invite you to journey with us through the 8 cardinal points of our new Compass Rose to find your own creative flourishing whatever direction you take. We will also share what we have learned about creating to flourish from our students on our yearlong <u>Tapestry Diploma journey</u> as they explored their own creative voice and dived into a deeper appreciation of the ebbs and flows of the creative process.

Free for CSA Accredited Supervisors & Students Only £25.00 (+vat) for open bookings

Monday 17 Oct 2022

2:00 PM - 3:30 PM

Friday 21 Oct 2022 8:00 AM - 9:30 AM

Event details and registration

Event details and registration



Join CSA Faculty members Liz Nottingham and Doug Montgomery their Autumn Seasonal Reflection workshop.

A spacious pause to reflect creatively on the metaphorical gifts of autumn as we pickle and preserve our own harvest and prepare for the winter ahead. Autumn is a time of harvest as well as a time to clear, prune and slow down as we make room in our lives for new growth. It is a time to prepare our winter store cupboard to support, delight, and sustain us as we move forward into the new year.

Use the link below for more details and how to register.

Late Summer Reflection - A Pause and Reflection inspired by Nature



Exploring identity, creativity and spontaneity through MASKS

This CSA Exclusive event is facilitated by <u>Steve Chapman</u>. A day of exploring personality through masks in a profound yet playful way. CSA promotes the principle of 'self as instrument' and views it as vital in the practice of coaching supervision, this session is all about attuning that unique instrument irrelevant of what tune it is playing or who is listening.

Steve works as a consultant and coach with individuals and organisations who are interested in finding creative and counter-intuitive ways to help free themselves from ever-tightening loops where creativity, novelty and change are challenging. Masks are a powerful, exciting and highly entertaining method of personal development.

Feedback from previous participants:

"Simply the best workshop ever."

"Possibly the most liberating experience you might ever have."

"An incredible day."

Date: Friday 11th November 2022

Venue: Shaftsbury Avenue, London

Spaces are very limited. There are discounted and early bird rates available for CSA Accredited members. **Book your place now using the link below:**

Exploring identity, creativity and spontaneity through MASKS: Full details and bookings

Update: Only 7 Places left! Early Bird Rates End Soon

HEART and BODY oriented supervision with Anne Berthelin

After the summer break, we still need space and time, especially for SUPERVISION to step back, observe and unfold what is present for us and our clients. If you are interested in a HEART and BODY oriented supervision based on Gestalt, Narrative Practices, Leadership Embodiment, NVC, Theory U and Yoga, I invite you to <u>contact me</u>.

You can choose between individual sessions or join an existing group in Paris or Chalon sur Saône, or by zoom...

Group supervision with Nature as Dynamic Co-Partner with Catherine Gorham

An invitation to experienced coaches and coaching supervisors to work with Nature as a lens for inquiry around self as instrument and practice. No previous knowledge of Nature as Co-Partner required. Creative and somatic experiences offered in abundance to stimulate deep processing with particular attention paid to psychological safety.

This specialist supervision group will meet for 5 Zoom sessions, each 2.5 hrs, approx. 8 weeks apart, scheduled in the afternoon (GMT) to allow those from North America to also attend. Minimum 3 supervisees, maximum 5. Dates agreed with the group, commencing Autumn 2022.

Details and contact information here

Cultivating and Choreographing the Rich Tapestry of Whole Hearted Creativity



Another chance for you to join CSA Faculty members **Karyn Prentice** and **Elaine Patterson** on their rich programme of creativity

<u>Cultivating and Choreographing the Rich Tapestry</u> of Whole Hearted Creativity.

A Virtual 12 month Inquiry to re-Source You and re-Vitalise your Professional Life. A new EMCC Global Quality Award Level 5 Bespoke Accredited Practitioner Diploma Programme from PattersonPrenticeDesigns

More details about the programme and registration information (pdf)



Hosted by CSA Accredited Supervisor Amanda Ridings

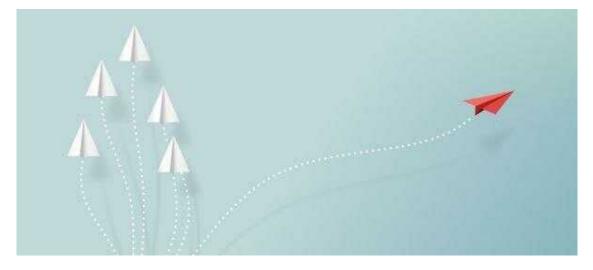
Cost and Location: 24-25 January 2023, Central Edinburgh £300-£450 per person

Embodying resilience: accessing inner resolve at difficult times

A Leadership Embodiment Level 1 workshop.

Developed by Wendy Palmer, Leadership Embodiment is a body of work that draws on principles from martial arts and mindfulness to assist us to develop greater capacity to be present, confident and compassionate when the chips are down. During the workshop, we'll become more aware of the role of our body and posture as we explore how we lose our composure and clarity in a variety of scenarios. Using a four-part embodied practice, we'll experience a more resourceful state in which we're better able to see a bigger picture and act with more agency and impact. To request a booking form, please email me at <u>amanda@originate.org.uk</u>. If you have any questions, please ask.

Download detailed event information sheet.



An Inquiry into Freedom, Spontaneity and Not Knowing with Steve Chapman

In this 3 hour online session, offered exclusively through CSA Steve will facilitate an immersive and experimental workshop, inviting participants to take a step back from the habitual patterns of every day life and ask ourselves - do any of us really know what we are doing. What happens if we gently let go of having to have a plan, a script, an answer and instead move towards a space of not knowing. And what are the implications of doing this in a coaching/supervision relationship?

This workshop is exclusively available through CSA and spaces are limited. Book your place Now!

Monday 21st November 2022 - 14:00 - 17:00 (UK)

More details and registration information here

Limited Early Bird Rates Available

Feedback from attendees on recent events:

"The expertise of the presenters, and their work in making the subject accessible."

"Clear explanation of the Theory and it's application. Good breakout group conversations."

Exploring our choices when a coachee expresses thoughts of suicide in a coaching session

As coaches and coach supervisors we are privileged to be alongside clients at the best of times and sometimes the worst. If a client expresses the depth of their feelings and thoughts to us, it may be they have told no-one else. This can be about themselves or someone else.

How we react and respond in that moment they share with us, may save a life.

We will use case studies, breakout room discussions, plenary sharing with input and content. We will explore the topic both from a supervisory and coach perspective.

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Led by CSA Guest Facilitator: Anne Archer

FREE to CSA Accredited Supervisors & Students

Only £25 +vat for open registration

Monday 6th	February 2023

8:00 AM - 9:30 AM

Event details and registration

Friday 10th February 2023 2:00 PM - 3:30 PM

Event details and registration

Group Supervision & Reflective Practice for Eco-active / Eco-engaged coaches with Andra Morosi

More and more coaches are supporting clients engaged in the ecological transitions, whether on a personal or professional level. The systemic dimensions of this type of work and the various levels of complexity involved require specific attention, mindful presence and a deeper enquiry of how we as coaches show up, how vigilant we are with the ethical boundaries of our profession and how we attend to the potential edge effects.

This opportunity offers groups, structured to have monthly 90 mins meetings for a minimum of 6 months. The dates and times are determined with the group after the first session planned on September 30th. Each group is open to minimum 4 and maximum 6 participants.

Full details about this group supervision offering

You can contact Andra for more information andra.morosi@gmail.com

We hope you have found this useful and informative, don't forget to follow us on the usual social media platforms:







Best regards,

Michael Smith

Michael Smith The Coaching Supervision Academy

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EMCC & ICF Accredited Supervision Diploma: Americas, Asia Pacific, France, Switzerland, and the UK

For information about our Diploma in Coaching Supervision: <u>https://coachingsupervisionacademy.com</u>

For events and information about our Accredited Supervisors: <u>https://csasupervisors.com</u>



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Please reply for advice on setting up filters if you need some assistance.