The Coaching Supervision Academy





A new and unique offering created by CSA and the Beyond Partnership

We are delighted to share with you this workshop created to introduce and explore *Polyvagal Theory and How is it Relevant to Coaching?*

After several years of living and working in a pandemic world, you may be noticing a sea change in the nature of the challenges that your clients are bringing.

Polyvagal Theory, a scientific theory that helps us understand the biological basis of all human social behaviour, provides a lens that can help us and our clients navigate these challenges.

We are hosting this 3-hour workshop offering the chance to explore the basic organizing principles of Polyvagel Theory and their relevance to coaching. It will incorporate short presentations, personal reflection, sharing in pairs and in the larger group. If this piques your interest, we look forward to welcoming you on August 25.

This interactive session will be facilitated by <u>Kerry Cullen</u> and <u>Sandra</u> <u>Dunsmore</u>. <u>Download our information sheet</u> with more details and booking links or use the direct links below to reserve your place







Sandra Dunsmore

Attendance is Free of charge to all the CSA Community and anyone who is interested in exploring this topic with the leading experts currently in the field.

Details and Booking information - Register to attend

Don't forget to **find**, **like** and **follow** us on the usual social media platforms:

Facebook

LinkedIn

Twitter

We have more CSA CPD webinars currently being planned. Full details will be available on our website and in the next newsletter due out very soon.

Best regards,

Michael Smith

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The Coaching Supervision Academy

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EMCC & ICF Accredited Supervision Diploma: Americas, Asia Pacific, France, Switzerland, and the UK

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