



CSA'S 2ND VIRTUAL SPRING CONFERENCE DAY

Connect, Learn & Inspire

SHARING NEW & ENERGIZING IDEAS IN THE COMPANY OF FRIENDS

Register Now - supercharge your practice with insight from experts

- » A range of varied and thought provoking topics to suit your interests
- » Reward yourself with a day filled with discovery and reflection
- » Tailor your day with nine speakers over three sessions
- » Meet and connect with friends and colleagues from the CSA Global Network and beyond!
- » Gain 10 hours CPD or ICF Resource Development Points with supplementary resources shared before & after the event.

Fiona Adamson & Jane Brendgen | Nino Musumeci | Lorenza Clifford

Jackie Arnold & Lydia Stevens | Ivan Beaumont | Miriam Orriss

Edna Murdoch & Dr Alison Hodge | Thea Bombeek | Janet M. Harvey

Karyn Prentice & Elaine Patterson

Concluding with "A Write Place" journaling and reflection space at the end of the day to support you gathering the seeds of your inspiration to plant for the year.

CSA Spring Conference

Community and Professional Development

Welcome to this year's CSA Spring Conference.

We have nine inspirational speakers from the Coaching Supervision sector delivering webinars across three sessions. Between these 'masterclasses' there will be plenty of opportunity for you to meet and network with colleagues both well known to you and new faces meeting our community for the first time.

We hope you will leave us equipped with fresh ideas and new practice skills ready to share with your coaches and supervisees, strengthening your relationships and opening new paths to deepen your practice.

The day is designed around three interactive sessions and you can select one webinar from each session to attend and participate in. Although the webinars will not be recorded we will be sharing the slides, notes and handouts from all of them after the day completes so you won't miss out. We also plan to include some of these topics in our series of CPD webinars open to everyone later in the year.

We are delighted to include a session delivered in French by CSA Faculty member Nino Musemeci this year, we hope this is a welcome addition for all those who are fluent or conversational in the language.

From everyone at the Coaching Supervision Academy, we hope you have a fantastic day filled with new Connections and Learning.

"Who you are is How you Supervise"™



SESSION OUTLINES

AGENDA FOR THE DAY

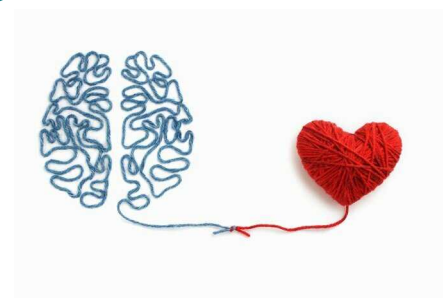
9 Masterclasses over 3 sessions with networking space and screen breaks

We have designed this event to offer a rich blend of learning opportunities and networking spaces, the 'timeline' for the day is detailed below.

When you make your reservation we will ask you to indicate the webinars you'd like to attend. This assists us with pre-conference administration. If you wish to choose an alternative presentation on the day, all the links will be provided and you are very welcome to decide as the day flows for you.

- 08:45 Conference space opens. You can test your connection, meet the team and other delegates and access any of the networking spaces
- 09:15 Welcome and Introduction to the Day with Edna Murdoch, CSA Founder
- 09:30 **Morning Sessions:**
 Fiona Adamson & Jane Brendgen | Nino Musumeci | Lorenza Clifford
- 11:00 Networking Space / Screen Break / Refreshments
- 11:30 **Late Morning Sessions:**
 Jackie Arnold & Lydia Stevens | Ivan Beaumont | Miriam Orriss
- 13:00 Networking Space / Screen Break / Lunch
- 14:00 **Afternoon Sessions:**
 Edna Murdoch & Dr Alison Hodge | Thea Bombeek | Janet M. Harvey
- 15:30 Drawing to a close -
 The '*Write Place*' with Karyn Prentice and Elaine Patterson
- 16:00 Closing comments from Edna Murdoch

(Please note the times shown are London UK time-zone)



Mutual learning and transformation in mindfulness-based relational supervision

Our development as supervisors involves learning more tools and theories to broaden and build our professional competencies. It also includes attending to processes that support our becoming who we really are so we can offer our whole human selves to our clients to work with and to relate to.

In this workshop, we will introduce you to a mindfulness-based relational approach that can potentially change the quality of your relationship with your supervisees and deepen your capacity to learn together.

Outcomes:

An experiential understanding of relational mindfulness as the holding framework for true dialogue

Recognising the factors that contribute to deepening relationality in supervision

Appreciating the role that love plays in mutual transformation

I am an executive coach, mindfulness supervisor and the founder of Compassionate Cultures, an enterprise focusing on supporting organisations to cultivate psychologically safe cultures through structured conversations that foster a way to talk, think and act together for true collaboration, innovation and transformation. Mindfulness and compassion lie at the heart of this work. I am fascinated with adult development and how we might co-create the conditions to develop an increasingly inclusive and nuanced view of ourselves, others and the world, in service of the greater good.



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I am an executive coach and supervisor. We are all evolving our practice as coaches and supervisors to co-create the conditions for personal and professional learning and development. Working with relational mindfulness and compassion creates conditions that bring transformational mutual learning and enhances and nourishes the development of all our relationships.

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Développer sa Présence – Comment prendre soin de soi, agir dans le calme, et accompagner les autres dans l'épanouissement

Lorsque l'on parle de Présence à l'autre, j'entends souvent « ben ouais... c'est ce que je fais ». Oui, mais Être présent ou Être en Présence, n'est pas la même chose.

C'est ce que je me propose de partager avec vous. Cet atelier sera interactif, vos expériences, vos partages, vos réflexions vont nous permettre d'aller vers « Qui nous sommes » en tant que Superviseur / Coach / Consultant / Expert et la prise de conscience de nos interactions avec les autres.

Nino est un Master Leadership & Communication IDC et un Superviseur de Coach CSA. Il est également membre de la faculté internationale de CSA, contribuant en tant que Directeur de programme francophones.

Initialement spécialisé dans les ressources humaines, Nino est devenu directeur des RH il y a plus de 20 ans, et sa passion pour les relations humaines l'a amené à vivre et à travailler dans plusieurs villes d'Europe continentale. Avant de fonder GenerativeHub International, Nino a passé de nombreuses années dans le monde de l'entreprise, dans des organisations complexes, multisectoriels et impliquant divers décideurs stratégiques où il a mis son style de Leadership inclusif et ouvert ainsi que son engagement en faveur du développement de l'Humain.

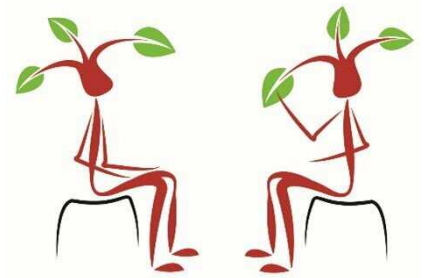
Nino est un Superviseur de Coach, un Coach de dirigeant et un Consultant RH très expérimenté. Sa pratique de la Supervision et du Coaching comprend des clients institutionnels et individuels en France, en Belgique, au Luxembourg, en Espagne, en Italie, en Norvège et en Suisse, où il vit actuellement.

<https://generativehub.com> info@generativehub.com

Nino Musumeci

Superviseur de Coach CSA, Membre de la Faculté CSA International et Directeur de programme CSA Francophone.

GenerativeHub International Sarl



Learning accomplished or encompassed?

To what extent do we really use the learning we do? Is that learning encompassed or merely accomplished?

As we live and experience, reflect and learn: How much of your learning is operationalised and used in your coaching and supervision practice?

What if we were to enhance coaches and supervisors capability to turn even more learning and experience into practice? What would that be like?

In this session Lorenza explores some ways of working to actively convert knowing into practice, by way of illustration, and invites you to share your ways.

There will be a practical part of the session where you can either try out a new way during the session, or focus on something you want to apply in pair practice for yourself, and re-member the importance of holding the space for the final intervention!

About Lorenza

A CSA and AOCS accredited coach supervisor and experienced developer of coaches, Lorenza raises awareness and opens up choices through exploration of lived experience.



She has an extensive spectrum of methods she has trained in, which she brings precisely to meet you where you are, so you find your own way and reconnect with your unique energy. Her signature approach is gentle inquiry balancing support and challenge, creating a thought-provoking motivational effect and long-lasting, wide-reaching results. Lorenza is current Chair of Association of Coaching Supervisors and recently was given the Coaching at Work Editor's award for contributions to Coaching Supervision.

Lorenza loves nature and is a passionate advocate of working with our nature connections.

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<https://www.coachange.org/coaching-supervision>

Coaching Supervision in a Code Red for humanity

The August 2021 Intergovernmental Panel on Climate Change (IPCC) Report was a code red for humanity.

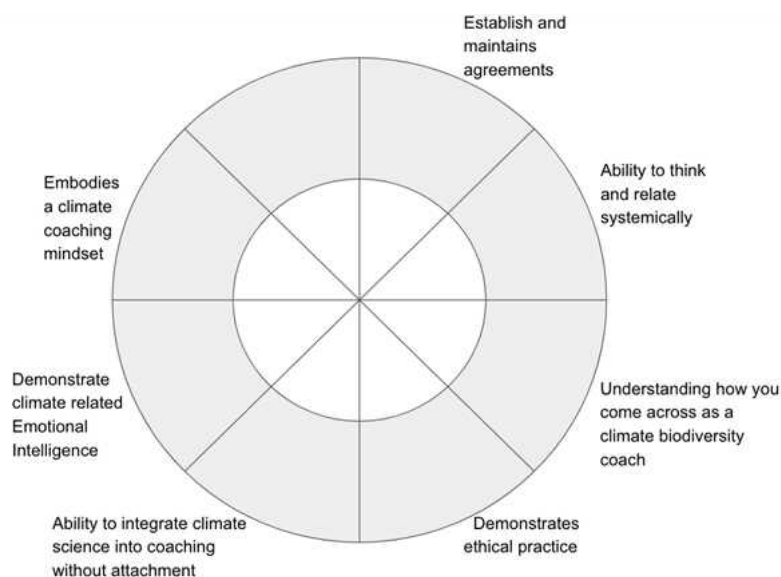
Coaching, like all other service professions, is now asking what is needed for the profession to be ready for the future. In this webinar, we will explore the topic of climate and biodiversity coaching & supervision and how your practice can best serve humanity and the planet at this critical time.

As coaches and supervisors, we will sensitively delve into who we are, and how we consider the planet's fragility when supporting clients and in general conversations. This will enable us to reflect on what impact we are having on businesses, leadership, networks, communities and future generations.

You will be invited to share a moment of reflective practice on who you are as a coach or supervisor in relation to climate and biodiversity. In breakout rooms you will have a chance to reflect on the competencies framework above, discuss how you might apply it and contribute to its development. You will be encouraged to identify potential entry points for your coaching or supervisory practice and what future support you may require.

Inspiration and integration - The speakers will share highlights of their climate and biodiversity coaching course and give time to reflect and decide on your next steps. In this webinar you will explore:

- a. In what ways could you have a greater positive impact as a coach / supervisor?
- b. How do I apply the above competency framework when considering the planet as a stake-holder?
- c. How do I support coaches who want to introduce the topic of climate/biodiversity without attachment?



Jackie Arnold / Lydia Stevens



JACKIE ARNOLD

Jackie Arnold, An ICF Executive & Health Coach and Member of AC who also holds a CSA Dip in Coaching Supervision. She is an active member of the Climate Coaching Alliance and is a volunteer building bird and bat boxes and planting trees to create a new Nature Reserve on behalf of the Dorset Wildlife trust. Jackie is a wife, mother and grandmother who is passionate about preserving the planet for future generations. Jackie works as a Health Coach and Supervisor at the NHS Fountain Centre for cancer patients and carers. As part of the CCA she is involved in developing videos, webinars and courses with environmentalists on coaching for climate change, sustainability and biodiversity.

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LYDIA STEVENS

Lydia Stevens is an executive coach, facilitator, trainer, mother and grand-mother. After 20 years of working as a consultant in sustainable development, Lydia re-trained as an executive coach at Henley Business School to work with businesses, communities and individuals to serve people and the planet.

Her coaching includes climate and biodiversity work, systemic thinking, and bringing what lies beneath the surface into focus. Lydia co-hosted Connect with Something Bigger for a group of CEOs and leaders to support collective learning during COVID-19. Her breadth of experience covers transition as a leader, especially for founders of businesses and those fitting into their shoes once founders leave. Lydia is passionate about supporting younger people and global networks.

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Team Coaching: Composability

In a VUCA world the need for organisations to be agile, responsive, adaptable, socially responsible and value enhancing through high performance teaming is paramount. Across the profession we are seeing a strong focus on complexity science and evidence-based approaches such as positive psychology. The adoption of digital services is leading to transformational change everywhere, for example, increasing accessibility to a myriad of coaching and training options.

Against this backdrop, this interactive webinar not only introduces the foundational elements of team coaching today (referencing a variety of different models, frameworks and systems) but also considers team coaching from a composable architecture view (Gartner for example delivered a keynote in 2020 suggesting that the future of business is composable). The principle of modularity is used and allows us all to reflect on the opportunities it presents, for example, easier co-creation, assessment, use of evidence-based approaches and supervision, to name just a few.

The key learning outcomes from this session will answer the following questions:

- What is team coaching?
- Why team coaching?
- What are the core building blocks of high performing, value enhancing teams?
- (Through dialogue and reflection) what opportunities does a composable approach to team coaching bring and what would the associated value be?

I specialise in Leadership Team Coaching. This includes 121 coaching, coaching supervision, developing leaders and coaches through learning programmes and CPD. I have 35 years of IT experience and 20 years of coaching experience. I integrated the two until I undertook a Head of Coaching role. I am now director of Mélange Coaching.

Very few people know this but many years ago I was asked to write an article on Affective Computing. It makes me chuckle to read the article now but the issue of autonomy in systems still concerns me!

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Becoming. Who are we?

Since the dawn of humanity the question has been asked – Who are we? What are we doing here? What is our place on this planet? What is the place of our planet within the stars?

Many fantasies and myths have across the millennia, been woven about the stars – Are they gods? Are they shapes in the sky?

In the 21st century we now know more than we believe humanity has ever known about the universe the cosmos and the latest thinking in science leads us back to these questions – Who Are We? What is consciousness? Does consciousness exist in matter? Is consciousness outside of matter? How does consciousness change the universe, our planet in which we live?

This 90 minute session will start to look at some of the new discoveries and thinking on these topics and how this thinking has moved us forward in our understanding of relationships, connection and coming together.

This webinar will be facilitated by Miriam Orriss. This is an introduction to a more immersive event later in the year exploring the topic where participants can be part of a 'deep dive' into the subject.

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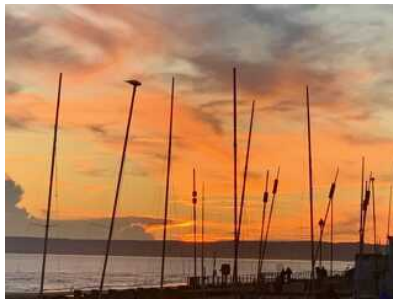


Edna Murdoch & Dr Alison Hodge

“Let the beauty you love be what you do” (Rumi)

A joyous exploration of how we nourish ourselves through the arts, in life and in work

It is easy to ignore the need for nourishment especially at a time of collective trauma. Whilst technology has enabled us to be in contact, in fact, cumulatively we have become disconnected from self, other and the cosmos. We sometimes live a degraded version of human experience. And so, more than ever, we need the arts, literature, music to ignite and nourish the soul and revivify ourselves and our practice.



Mode of exploration – In this dialogue with you all, we seek to encourage the conversation you are already having with your own soul. There will be time for conversation with self, with others and with the larger group. We will also share with you examples of some of what nourishes and supports us so that work with clients and groups happens in the spaces beyond competencies, models and tools.

Learning Outcomes – nourishment, re-energising, release of the imagination, deeper connection, strengthening you as a person and practitioner, inspiring you through the arts.

Edna: I have been working with people since 1984 and I’m co-founder and director of Coaching Supervision Academy.

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Alison: I’ve been learning with people since 1985 and exploring the world of the imagination, awareness, creativity in supervision since then.

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Family
is a treasure chest
where your I
is being kept
Kader Abdolah

Roger Raveel,
Happy family

Loyalty @ work: how to use loyalty as a catalyst for positive change in coaching and supervision

Your family of origin is your first context. This is where you get a blueprint of the important life themes. This is where you learn to deal with good and bad, recognition and punishment, power and authority, emotions and logic.

This happens both consciously and unconsciously. With this blueprint, you enter your work context. Loyalty towards your family of origin influences your way of functioning at work and your collaboration with colleagues.

In this webinar you will discover how underlying processes and patterns of loyalty manifest in your life. Increased awareness helps you to make conscious choices when dealing with professional challenges in a more constructive way. Living more in alignment with your essence and at the same time staying loyal to you family will create inner peace. It will give meaning to your life.

The insights you gain from this lecture will help you address these themes with your clients.

The key learning outcomes of the webinar

1. Insights on how loyalty towards your family of origin impacts your career choices
2. How you can transform hidden/negative loyalty in to constructive loyalty
3. Reflective questions on how to explore this topic with your clients

Thea has Master's degrees in History of Art (University of Ghent) and in Human Resources Management (Antwerp Management School). She is a Master Certified Coach (ICF), a Certified Transformation Presence Coach and Mentor (Alan Seale), and a contextual-systemic therapist (Leren over Leven). She is a CSA graduate (2019) and the former chair of the International Coach Federation Belgium.

She is the author of the book: 'Hoe overleef ik mijn collega's: tools voor zelfvertrouwen op het werk' (LannooCampus, 2018) (How to survive your colleagues: tools for self-confidence at work).

Thea Bombeek is currently researching the topic of loyalty and how this influences both career choices and the behaviour at work as she is currently writing a book on the topic of 'loyalty@work'

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Judgment Heals, Being Judgmental Harms

Most of our lives we are told, be non-judgmental or at least suspend judgment if you want to belong and get along. However, judgment is as natural to the human experience as breathing because it keeps us alive through discernment and choice. When we each learn to notice judgment and choose unconditional curiosity to access courage and choice, we challenge ourselves to risk beyond fear and ultimately to fuel a mindset for civility and unconditional self-love. We must stop wasting energy controlling the uncontrollable and instead learn to notice judgment, pause, breathe, listen more deeply, and allow genuine wonder to arise.

I learned at the age of five what judgement was. Hearing that I was “one and the same” from my family was no longer true on the first day of kindergarten when they called me an “Indian” because of my red skin on half my face. They pulled my hair, tore my dress, and laughed at me. The teacher pitied me. All of this because I was different, and my difference made the other five-year-old children and the teacher uncomfortable.

I’ve been learning all my life about unconditional self-love and sharing that learning as an invitation to change with people, leaders and their teams and perfect strangers. All people seek to come back home to themselves, to their authentic self, feeling and knowing they are whole, resourceful, capable, and creative, no matter what, no matter what outer or inner scar they carry.

Learning to ask, listen and allow judgment to fuel our sense of wonder with each other produces solutions beyond our individual imagining. The climate crises, racial inequity, systemic injustice, and any form of more than and less than thinking all require learning, listening, and choosing to accept our individual AND collective responsibility to invite change.

Learning Outcomes

- Challenge your understanding of awareness and how you might open and connect within to a fuller range of inner voices as a source of inspiration that speaks more loudly than voices of doubt.
- Discover your self-talk that represents a habit, a preference, an assumption, a bias, or all the above to open doorways for deeper listening that reveals what separates you from the other and yourself.
- Strengthen your courage to sustain presence with the small voice of wonder who wants to learn what lives beyond being judgmental by discerning what is most aligned with your heart and soul.

Janet M. Harvey, Best Selling Author of the award-winning leadership and coaching book, *Invite Change - Lessons from 2020*, *The Year of No Return* is CEO of inviteCHANGE, a coaching and human development organization that shapes a world where people love their life's work.

Janet has trained and coached leaders at Fortune 500 companies, across 6 continents, for more than 25 years. An early adopter for creating a coach-centered workplace, she has worked with global organizations and teams of leaders to transform and establish a resilient, and high-performance culture that sustains excellence through a generative coaching approach. Janet has experienced that the secret to having your biggest breakthrough is reconnecting with your authentic self, the essential qualities, traits, and values that form the uniqueness of each person. When that happens, transparency that connects, heart-to-heart and invites the unlimited potential of each human being is liberated. All make big changes, even on a global level.

Janet Harvey uses her executive and entrepreneurial experience to cultivate leaders in sustainable excellence through Generative Wholeness™, a signature generative coaching and learning process for people, processes, and systems.

The Coaching Supervision Academy

Diploma in Coaching Supervision

Places are available now in the **Americas, France, Asia/Pacific/China** and the **UK** to join our rigorous and multi-layered supervision programme.

"The CSA NA course is one of the most robust learning opportunities I have experienced in my decades-long professional career.

The program is skillfully designed to include a rich mix of dynamic instruction, insightful readings, experiential learning opportunities, individual supervision and reflective writing. The faculty are leaders in their field who are passionate about the subject matter and skilled at teaching and mentoring.

CSA also created a vibrant learning community where participants felt safe to share their learning journeys and generously provided each other with peer support.

The course exceeded my expectations and enabled a breakthrough in my capacity to be fully present, creative and generative with coaching and supervision clients.

Amy Kosterlitz, JD, PCC, Hudson Institute Master Coach

Everyone interested in registering for a place is invited to have a conversation with a founder of CSA or one of our Senior Faculty members. This is an opportunity for both you and us to determine if this is the right course for you and a chance for you to raise any queries you may have about the content or learning process. Please contact us and we can make the necessary arrangements

"[graduates] use the program to develop, deepen... and build their skills as supervisors.

"A complete learning journey..."

"a really exciting, rich program"

"explore the living field of supervision"

contact edna@csa.uk.net if you are interested in joining our next CSA Diploma Programme

