

New from Karyn Prentice and Elaine Patterson
at PattersonPrenticeDesigns!



Sacred Landscape with NATURE AS INSPIRATION AND PARTNER

A Year's Immersion in Nature and the Wisdom of the Five Seasons
to Enrich You and Your Coaching and Supervision Practice



'Study nature, love nature, stay close to nature. It will never fail you'.
Frank Lloyd Wright

Join Us!

This Series has been inspired by Karyn Prentice's book "Nature's Way Designing the Life you Want Through the Lens of Nature and the Five Seasons" taking its concepts and ideas into the field of coaching and supervision practice. This Series is based on our experience harvested by working in this way in 1:1's and with groups for the last seven years.



About this Series

This Series brings a fresh lens to the joys and the fruits of working in nature. We will walk together through each of the 5 seasons using the rich, varied, and creative metaphorical lens and language of nature opening you up new insights, new perspectives and fresh thinking which can nourish, inspire and resource you and your practice in new and different ways.

Design of the Programme



This series unfolds over a 12-month calendar cycle of the Five Seasons: Spring, Summer, Late Summer, Autumn and Winter.

Starting in Spring, this Series takes you through a uniquely personal and professional journey of developing new insights for you and your practice as we connect to the distinctive beauty, inspiration and wisdom of Nature.

In this way we are attending to our own inner ecology, growing our resilience and resourcefulness as we deepen our reservoirs compassion for discover, reflection, emergence and fresh insights. And indeed, as the year progresses you will notice your own deepening connection to the Nature that you already greet as Friend.

In this work we partner-with Nature in real time and explore the metaphor of each season as it unfolds and gives way to the next.

We will meet on-line in our virtual green field 5 times throughout the year in sync with the seasons. We offer a morning or afternoon webinar for each season to cover all the different time zones. Each seasonal webinar will focus on exploring the current season, its essence and tonality and the questions it asks of us in creative, poetic and meditative ways and how you can bring this into your coaching supervision practice.



During our webinars we will provide you with ideas, exercises and practices, which you can use for yourself and with your clients. A short field book will also be provided to accompany you for each of the seasons.

What you will Discover

In this Series you will discover:

- a. How this metaphor helps you to refine and fine-tune your connection with Nature, helping you to nourish and align your inner ecology with the constant demands of work and life as you help your clients to do the same
- b. How you can engage in the language and lens of Nature's Five Seasons to enrich yourself as you deepen your work
- c. How the different parts of each season's cycle invite us to connect energetically in different ways to the questions we – and our clients - are holding, and how because of this we can dare to bring fresh thinking to ourselves and our work
- d. A new portfolio of questions and exercises for creative reflection inspired by being in Nature for you to adapt to your client and organisational work
- e. Will encourage you and your clients to get outside whenever possible (or to use the outdoors inside!) and learn by experimenting in your own time, space and needs as you walk
- f. Have a healthy, low cost, enriched experience with Nature to the betterment of you and your health
- g. Offers you a deeper appreciation of the preciousness and beauty of our planet and our shared responsibilities in helping to protect our environment for future generations

Who is this Series for?



This series is for anyone who works with other people who are on the frontiers of facilitating transition and change. It is for coaches, supervisors, leaders, OD and HR specialists, and L&D practitioners and for anyone who is interested in enriching their practice and greening their work. Everyone can benefit from this fresh and yet timeless and universal lens, even when it is not possible to get outdoors.

Dates for 2023

Spring	8.00am to 9.30am GMT on Tuesday 28th March and 2.00pm to 3.30pm GMT on 30th March 2023
Summer	2.00pm – 3.30pm on Monday 19 th June and 8.00am to 9.30am BST on Tuesday 20 th June 2023
Late Summer	8.00am to 9.30am BST on Tuesday 12th September and 2.00pm to 3.30pm BST on Friday 15 th September 2023
Autumn	8.00am to 9.30am BST on Monday 9th October and 2.00pm to 3.30pm BST on Tuesday 10th October 2023
Winter	8.00am to 9.30am GMT on Tuesday 9th January and 2.00pm to 3.30pm GMT on Thursday 11th January 2024

Costs and Registration:

Early Bird Registration Rates available till January 20th, 2023

Your investment is £245 GBP (+vat) for CSA students and Accredited Supervisors and £275 GBP (+vat) for everyone else.

Full Rate after January 20th, 2023

Your investment is £295 GBP (+vat) for CSA students and Accredited Supervisors and £325 GBP (+vat) for everyone else.

Register



[Click here to book your place](#)



It is also recommended that you purchase a copy of Karyn's book to support you on our year long journey together. The material in the 5 Field Books will be additional and different material. Karyn's seasons cards are also available by emailing karyn@fletcherprentice.com

About Karyn and Elaine

Karyn Prentice and Elaine Patterson are Senior Faculty at the Coaching Supervision Academy International Ltd. They are seasoned coaches, supervisors and writers. Together they are Patterson Prentice Designs an award-winning team bringing their creativity to the world of leadership and professional practice.

They launched a ground breaking EMCC Global EQA Accredited Diploma programme called '*Cultivating and Choreographing the Rich Tapestry of Whole Hearted Creativity*' which is now in its second year and in production as their latest book. Their other published works - "Nature's Way, designing the life you want through the lens of Nature and the

Five Seasons” by Karyn and “Reflect to Create!” - The Dance of Reflection for Creative Leadership, Professional Practice and Supervision” by Elaine - reflects their deep connection to all forms of creative endeavour.

<https://www.elainepattersonexecutivecoaching.com> and <http://www.fletcherprentice.com>