

Online workshop

*Loyalties @ work:  
how your family of origin influences your choices and interactions*

August 2022, Tuesday 16 and Thursday 18 at 3 - 6.30 PM CEST/2-5.30 London  
UK time/ 9 - 12.30 EDT

A programme of two 3.5 hour sessions on how loyalty towards your family of origin influences your choices and your ways of functioning at work.



*Family  
is a treasure chest  
where your I  
is being kept.  
Abdolah Kader*

Roger Raveel,  
Happy Family

### Workshop Description

Your family of origin is your first context. Here you get a blueprint for the important themes of life. In your family you learn to deal with good and bad, recognition and punishment, power and authority, emotions and logic, diversity and inclusion, self-validation and self-demarkation. You gain experience of coping with strengths and weaknesses, tensions and conflicts, doubts and choices, and how loyalties and legacies work. This happens both consciously and unconsciously.

With this blueprint, you enter your work context. It influences your way of functioning and how you collaborate with colleagues, sometimes in surprising ways.

Why do you always seem to be confronted with an authoritarian boss or colleague? How have your professional choices been influenced by your desire to respond to the expressed or implied expectations of your parents? Are you surprised that something always seems to stop you getting that long expected promotion, or that the success you worked so hard for fails to materialise? It could be that (invisible) loyalties to your family of origin are playing tricks on you.

In these two workshops you will discover these underlying processes and patterns. I will share the impact of several systemic themes: visible and invisible loyalties, legacies, self-validation ... and their influence on how you communicate and interact at work.

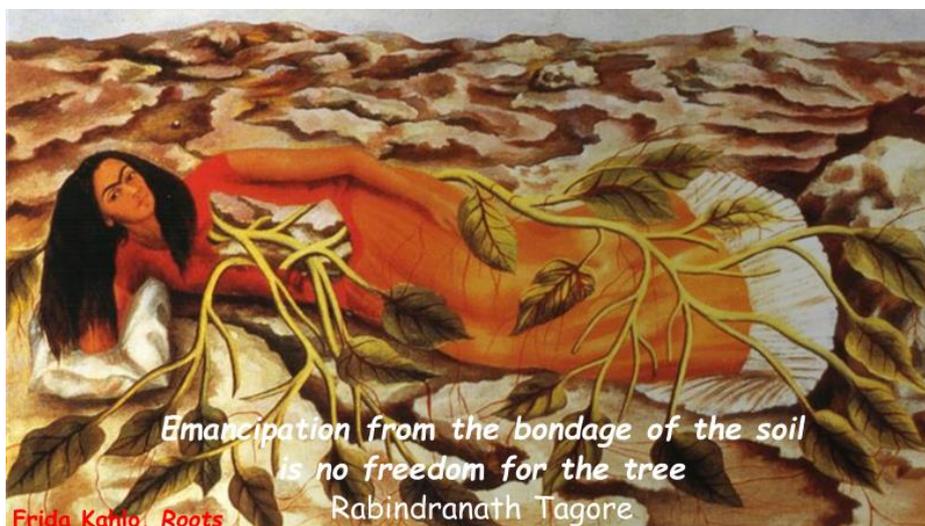
### Benefits

**The programme will support you to make conscious choices and deal with professional challenges in a more constructive way.** It will increase your effectiveness. Living in greater alignment with your essence and at the same time staying loyal to your family will create inner peace. It will give more meaning to your life. The insights will also support your work with clients who are dealing with this topic.

**This programme is open to all coaches/mentors/supervisors interested in exploring and the topic of loyalty and its influences on life.** It will help you become:

- More aware of how loyalty is present in your life at both conscious and unconscious levels
- More receptive to messages, signals and information all around, both seen and unseen, spoken and unspoken
- More creative and innovative in turning hidden loyalty into liberating loyalty
- More resilient in the face of challenges and disappointment
- More competent to accompany clients in exploring this topic.

Join **Thea Bombeek** for this interactive and experiential development programme. Come prepared to explore, reflect and learn from approaches that can help you and those you serve break through old patterns and transform ways of living and working.



**Facilitator: Thea Bombeek**



I have a passion for everything related to people developing their potential and interacting successfully with others. I love to act as a companion for my clients' explorations, being present and holding space for whatever wants to happen.

I have more than 20 years' experience in international companies (KBC-CBC and KPMG). My strengths lie particularly in the areas of authentic leadership, personal development, organisational culture, purpose, communication and dealing with loss.

I have Master's degrees in History of Art (University of Ghent) and in Human Resources Management (Antwerp Management School). I also hold an Individual European Accreditation at the level of Senior Practitioner (EMCC) and a European Supervision Individual Accreditation (EMCC). I'm a Master Certified Coach (ICF), a Certified Transformation Presence Coach and Mentor (Alan Seale), and a contextual-systemic therapist (Leren over Leven).

I was formerly chair of the International Coach Federation Belgium, and am currently a visiting lecturer at the Sociale Hogeschool Ghent. I facilitate supervision for coaches and HR managers.

Passionate about the topic, I'm writing a book on the phenomenon of loyalty and how this impacts your (professional) life.

**Registration Fee:** € 195 (excludes 21% VAT)

**More information and registration:**

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