

*"Write to Create!" @ The Write Place ©*



*Join us at "The Write Place" on the Winter Solstice*

*...The gift of Presence for the Present and an Invitation to Write out the Year...*

*at 8.00am and 3.00pm GMT On Monday 21<sup>st</sup> December 2020 with  
Elaine Patterson & Karyn Prentice from PattersonPrenticeDesigns*

### *Our Invitation*

*"Fill your paper with the breathing of your heart"  
William Wordsworth*

Following the successful Write Place Series in April and May to support us all during the 1<sup>st</sup> national lockdown in the UK, Elaine Patterson and Karyn Prentice from PattersonPrenticeDesigns return to invite you to join them for a two hour reflective creative writing practice event called

*A gift of Presence for the Present on the Winter Solstice*

Karyn and Elaine are life-long journal writers and are firm believers in the transformative powers of creative reflection through writing and are delighted to return with this one-off hosted writing sangha offered to members of the CSA community with seasonal love and open hearts. On this special day of the Winter Solstice in the northern hemisphere, we will write out what grit, grief, gratitude and gifts the passing year has brought us as we also look forward planting new seeds of hope in 2021.

Gathering on Zoom we will write together as a way of supporting and resourcing ourselves as we take stock and review our presents for the present working individually but not alone, with some sharing in small cafes towards the end of our time together.

## *Our Design*

*The Winter Solstice "The Write Place"* event will be a 2 hour event running at both 8.00am and 3.00pm GMT on Monday 21st December 2020 when the day is the shortest and the night is the longest - a fitting time to take up our pens and our paper and write together. Everyone is welcome.

The session will be designed to ground, centre and align with our best self, to engage in some free writing with a planned exercise and will include some discussion in small groups with a creative exercise to take you forward into 2021. "Writing to *Create!*" is a way to help us to connect on the page with ourselves, and also with each other for wellness and wise working. This is an opportunity to connect and to resource ourselves as we lean into our times – and to be the best we can be for ourselves, our families, our friends, our clients and our communities going into 2021.

*"Words are our most inexhaustible source of magic"*  
Susan Sontag

## *When and Where?*

Monday 21st December at 8.00am GMT and at 3.00pm GMT to enable people from all over the world the opportunity to join us. The cost is £25 (+VAT) per session for CSA students and Accredited graduates and £30 (+VAT) for everyone else.

Bookings: log into the CSA Accredited Supervisors site: <https://csasupervisors.com> and book direct via the events calendar or by email to Mike Smith at CSA [mike@csa.uk.net](mailto:mike@csa.uk.net)

Please bring your journal and pens, a candle, a hot drink and meet us in this creative space to weave a tapestry of words.

We look forward to seeing you there!

*With love*  
*Elaine and Karyn*

*"What I try to do is write. I may write for two weeks 'the cat sat on the mat, that is that, not a rat'. And that might be just the most boring and awful stuff. But I try. When I'm writing, I write. And then it's as if the muse is convinced that I'm serious and says, 'Okay. Okay. I'll come'"*

Maya Angelou